

# Knowing how to coach and motivate a team

## Training in French and English



### Duration

A two days interactive course with exercises.

### Prerequisites

None.

### Main goal

This course teaches you the basic to better manage and coach your team. In particular, how to be a leader, communicate in a motivating way and create a harmonious group.

### Participants

Project manager or anyone brought to negotiate.

### Course Overview

Introduction and definitions

Corporate culture

Team creation

How the team works

Group work

Motivation

Solidarity and mutual aid

Leader

Manager without hierarchical power

Team coaching

Delegate

Conflict Management

Communication

Solving a problem as a group

Facilitations techniques

Self-improvement